



Runners and Gigs will compete it out across Carlyon Bay

MudCrew : The Man V Gig 17 - 1 week to go !

Hello there and a warm MudCrew welcome to the inaugural Man V Gig Race! A brand new addition to our expanding calendar and the first of our "Pop-Up" events. We are really excited about this and look forward to seeing you on the 14th July.

The event guide can be found here:

<http://mudcrew.co.uk/wp-content/uploads/2013/11/MudCrew-Man-v-Gig-17-Event-Guide.docx>

This email will contain any additional information and the bits we think you need to be aware of to help the event run smoothly for you on the evening!

The event HQ is at the Charlestown Gig Rowing Shed at Charlestown Harbour. It is actually in the bottom corner of The Rashleigh Arms car park, PL25 3JN. The space within the car park is limited and restricted to customers and residents so please find parking near by and make sure you are not blocking anyone's driveways. Car share where possible.

Registration will take place in the Gig Shed, where you will be issued with your race number. This must be worn on the front of your clothing and be clearly visible. The finish timing will be by scanning the barcode on your race number so it must be accessible at the finish line. If you have ordered event clothing, this will also be available for collection.

REGISTRATION WILL BE OPEN FROM 5PM ON FRIDAY 14th JULY AND WILL CLOSE PROMPTLY AT 6.30pm.

The race will start at 7pm promptly. Anyone who fails to register on time will forfeit their place in the event so please give yourself sufficient time to park and walk to the venue.

You will be able to leave car keys at the venue which will be kept safe. If at all possible, leave bags and clothing in your cars and collect them when you have finished. The Gig Shed is where the post race BBQ will be so space will be at a premium and anything left there will be at your own risk. Event staff and MudCrew RDs will be at the finish line until the final finisher crosses so will not be able to look after baggage.

The race itself is approximately 8 miles long and is on the South West Coast Path. There is a turn around point on Par Beach, where there will be water and refreshments, as you will have come to expect at a MudCrew event.

Now, whilst you are running and no doubt competing against your fellow runners, you will have the additional dimension of racing against Gig crews! They will be rowing as similar a distance as the sea will allow, to a turn around point in the sea equivalent to your land based one.

We are expecting possibly 3 or 4 Gig crews. After careful planning, it has been decided to give you runners a 10 minute head start on the Gig crews but don't be complacent, they are a fiercely competitive bunch and will be doing everything within their power to beat you and the other boats!

To add to the competition, we have financial incentives for all! There will be a £100 prize which will go to either the first runner or the crew of the first gig home, if a male and female runner both beat the first gig, they will each receive £100.

Each race finisher will receive a memento and a pint of Tribute, courtesy of our race sponsors, St. Austell Brewery. Our sincere thanks for their support.

The Gig club have kindly offered to put on a post race BBQ, serving burgers. Please help us support them and thank them for their hospitality by purchasing some refreshments. You will have a token to claim your free pint from The Rashleigh Arms.

We really look forward to seeing you. The weather order has gone in and we are hopeful for a beautiful summers evening in a fantastic location.

If you have any questions, please do not hesitate to make contact on jane@mudcrew.co.uk.

Best wishes
Team MudCrew



This email was sent from to jane@mudcrew.co.uk
MudCrew | 20 Beach Road, St Austell, Cornwall, PL25 3PH
[Why am I receiving this email?](#)
[Click here to unsubscribe](#)