



MudCrew – The Scrooge - Event Guide **Sunday 23rd December 2018 Race Start 10:30**

Welcome to The “Rattler Cyder” Scrooge - 7 miles of muddy trail running and festive mayhem followed by the infamous MudCrew Rattler Christmas Party.

The Scrooge is by no means an event for the faint hearted! After all, external heat and cold had little influence on Scrooge. No warmth could warm, no wintry weather chill him. No wind that blew was bitterer than he, no falling snow was more intent upon its purpose, no pelting rain less open to entreaty. Foul weather didn't know where to have him!

So, you will need to dress up well (fancy dress perhaps) and tough out these 7 miles. It's muddy, wet and fun and very MudCrew. The perfect pre Christmas tonic.

Although Scrooge was a tight-fisted hand at the grindstone. a squeezing, wrenching, grasping, scraping, clutching, covetous old sinner, here at MudCrew we're a little more kind hearted. Should you conquer the 7miles of mud and water, we'll welcome you back to start your Christmas festivities with a pint of Rattler Cider and a mince pie. We also like to help our friends down at the Children's Hospice, so part of the money raised at the event will make sure we don't send them humbugs but more a bag of gold coins.

Merry Christmas.

Where, Parking, Registration, Race Start and Facilities

The event is held at two venues :

Registration, the start and finish and the MudCrew Rattler Christmas Party take place at the main Race HQ :

Mevagissey Activity Centre, Valley Road, Mevagissey, Cornwall, UK. PL26 6SA

The race and for viewing spectators should go to :

The Lost Gardens of Heligan, nr Pentewan, Cornwall, UK. PL26 6EN.

Please note there is no access for spectators to the route of the race from the race HQ at Mevagissey. Spectating of the runners can only be done at The Lost Gardens of Heligan where a Scrooge Spectator zone will be set up on the most “interesting” part of the course.

Parking is available at both sites and please follow signs and any instructions. Parking for race HQ at Mevagissey is in the large public carpark 100m on the left past the Activity Centre and race HQ. Parking here is chargeable at a special MudCrew rate of £3 per car all day. If the

main carpark is full there are plenty of other carparks in Mevagissey. Parking is free at The Lost Gardens of Heligan. We strongly advise car sharing where possible.

Registration is open from 8am until 10am. Follow signs to registration from the carpark.

Race starts promptly at 10:30am.

Hot food and drinks will be available at the race HQ from 8am – 4pm.

Please note, there are no shower or changing facilities at the event HQ. You will need to bring clean clothes and especially footwear to change into, for the after party. We recommend you bring bin bags to put your dirty and wet kit into and a large towel, to cover your modesty, as you will need to change at your vehicle or in the car park. **There is no baggage drop facilities at the Race HQ.**

The party venue is warm and dry, it even has underfloor heating but it is a community facility that must be kept as clean as possible. The Mudcrew police will be on duty at the entrance and no dirty footwear will be allowed inside the venue. "If its muddy, it ain't coming in!"

The MudCrew Christmas party kicks off in the race HQ with the bar and DJ starting from noon till 4pm. First round and a mince pie are on us. Merry Christmas.

Route Details

Course is an approx. 7mile multi terrain. Expect mud and water.
Recovery and re-fuel station at the half way point.

Kit

Mandatory : Trail Shoes and Gloves are a must.

Advisory : We strongly advise that you do not wear any valuable items or to carry non waterproof electronic devices which could easily be lost or damaged on the course. Leg cover is also advised.

Fancy dress is popular and encouraged.

Spectators

Spectators should head to The Lost Gardens of Heligan where entry is free until 10:00h. After this time you will need to pay to enter the gardens via the main entrances and the normal admission charges will apply.

The best place to watch runners is at the Scrooge Spectator Zone. From here you'll have a vantage point across much of the course and see the runners at the 1.5mile and 5.5mile points. You'll also be close to some of the "water features" which make for popular viewing ! Follow signs from the entrance to the Scrooge Spectator Zone.

PLEASE NOTE THERE IS NO ACCESS TO THE COURSE FOR SPECTATORS FROM MEVAGISSEY.

Cancellations & Refunds

We understand circumstances can change. We will accept withdrawals from the event up until the entry closure date of midnight on Sunday 9th December 2018. Unfortunately, we do not offer refunds, so if you have to withdraw for any reason, up until the event closure date, you can defer your entry to The Scrooge in 2019. After the entry closure date, we are unable to offer refunds or deferrals. You are not permitted to transfer your entry to another person at any time. There is an entry limit and it is anticipated that the event will be full before the entry closure date.

Other info

Dogs: Well-behaved dogs on short leads are welcome at The Lost Gardens of Heligan but please note that dogs are not permitted to run with owners in The Scrooge or to enter race HQ at Mevagissey Activity Centre or for the MudCrew Christmas Party.

Age Limits: runners must be 21 years or over.

More information can be obtained from info@mudcrew.co.uk.